



Dr Hardeep Kaur , MSW , Ph.D.

Assistant Professor

E-mail : hardeepkaur66@gmail.com

Phone No's. : 0175-304-6480 (O) +91-9815609363 (M)

Profile : *Doctorate in Philosophy, with 15 Year experience in Field Work and 13 years experience in Teaching and Research Guidance. Master Trainer and Supportive Supervisor .Various Publications in Journals of National and International Repute.*

Area of Interest : Disability ,Family and Child Welfare

Educational Qualification

- Doctor of Philosophy (PhD.), Social Work, M .G .Kashi Vidya Pith Varanasi :
Topic : A Comparative Study of Stress & Adjustment of Both Spouses & Single Spouse Working Families & Social Work Intervention .
- Master of Social Work, Udaipur School of Social Work, Rajasthan Vidyapeeth, Udaipur, (Specialization :Family and Child Welfare)1988
- Bachelor of Arts (Sociology Hons.), Panjab University Chandigarh, 1986 .
- Pre University ,Panjab University, Chandigarh .1981

Professional Positions Held

- Assistant Professor, Department of Social Work, Punjabi University, Patiala 2004- Till Date
- Field Organizer, Department of Social Work Punjabi University, Patiala .1989-2004

- Counselor, Indian Council for Social Welfare, Punjab Branch ,Chandigarh 1988-1989

Research Guidance (Awarded and ongoing Ph.D's)

Awarded

- Health Services For Rural Women in Patiala District : An Evaluation of National Rural Health Mission .
- Intellectual Disability of Children : A Study of the Support Systems in Chandigarh (India) and Melbourne (Australia)

Ongoing

- A Study of Women Prisoners in Punjab
- Job Satisfaction ,Burnout and Occupational Stress: A Comparative Study of General and Special School Teachers
- A Comparative Study of School Adjustment, Aggression, Peer pressure and Academic Anxiety among Adolescents Living in Families and Orphanages
- Patients of Tuberculosis in Punjab: A Study of Problems and Coping Strategies
- A Psycho Social Study of Police Constables in Patiala District

Courses Taught

PhD Course Work (2008-2017)

- Working with Individuals and Groups
- Family and Child Welfare

Post Graduate level (2004-2017)

- Welfare of Child .Youth, Women & Elderly
- Social Problems & Legislations
- Social Work with Individuals
- Social Work with Groups
- Human Growth and Development
- Family and Child Welfare
- Counseling and Communication

- Social Work with Differently Abled

Publications (2004- 2017)

- A comparative Study of Patterns of Adjustment in Families with Single and Both Working Spouse *Contemporary Social Work*. XXI .53-60 (2004)
- Communication in Effective Family Functioning,. *Contemporary Social Work*. XX 47-52 (2004)
- Some Aspects of Gender Equality in India ,*Journal of Regional History* IX-X (2003-04)
- Rural Women and Corporate Social Responsibility :Issues & Initiatives. *Journal of Government & Political Studies* XXXI (2)47 -58 (2008)
- Child Abuse :Issues and Initiatives .Violence A Concern for Peaceful Co-existence. DP Singh, Manjit Singh 215-227 (2008)
- Daily Hassles & Marital Adjustment: A Comparison of Single and Both Spouses Working Families. *Contemporary Social Work* 57-63 (2009)
- Role of State in Empowering Persons with Disability. *Journal of Government & Political Studies*. XXXIV(1) 54-65 (2010)
- Domestic violence Against Women and Role of Counseling: Some Reflections *The Indian Police Journal*.11(.2)46-50 (2010)
- Social Exclusion of Women in India : Some Illustrations. *Journal of Government & Political Studies*. 63- 73 (September 2011)
- Inclusive Education in India : Some General Barriers. *International Journal of Education & Management Studies*.. 150-152 (2012)
- Persons with Disability in India :Some Key Issues*Indian Journal of Health and Wellbeing*. . 527-530 (2012)
- Intellectual Disability: Family Reactions and Responses. *Indian Journal of Health and Wellbeing*. 4(7)1463-1466 ,(2013)
- Girl Child in India :Issues & Initiatives . International Conference on Women & Child Issues National & International Perspectives,3(1) 803-812 .(2014)
- Indian Perspective of Girl Child. *The Social Ion An International Journal* .3 (1)28-35 (2014)
- Job Satisfaction among Special Educators. *The Social Ion An International Journal*.4(1-2)142-148.(2015)

- Burn out and Occupational Stress among Special Educators Working for Children with Hearing ,Visual and Intellectual Disability ;A Comparative Study , *Journal of Disability Management and Rehabilitation*, 1(1) 35-37 ,(2015)
- Problems of Caregivers of Intellectually Disabled Children. *Indian Journal of School Health& Wellbeing* 2(1) 50-53 (2015)
- Disability ,Marginalization and Empowerment .*Journal of Government and Political Studies* .XXXVI(2).64-71.(2015)
- Resilience among the Parents of Children with Intellectual Disability. *Indian Journal of School Health& Wellbeing* 6(10) 1033-1036 (2015)
- A Study of Initial Reactions among the Mothers of Children with Intellectual Disability. *Indian Journal of Psychology and Mental Health* .10(1) 17-20 .2016
- Adjustment among Adolescents living with Families and in Orphanages : A Comparative Study. *Indian Journal of School Health& Wellbeing* .7(3),342-345 (2016)
- Psycho Social Problems of Mothers of Children with Intellectual Disability. *Indian Journal of Community Psychology*12(1) 161-170 (2016)
- A Study of Mothers of Intellectually Disabled Children Participating in Special Olympics. *International Journal of Education and Management Studies*. 6 (2) 136—1386,(2016)
- A Study of Caregiver Burden, General Health and Stress Resiliency among the Mothers of Children with Intellectual Disability. *Indian Journal of Health and Wellbeing*.7(12)1140-1143 (2017)
- School Adjustment :A Comparative Study of Gender Differences among Adolescents .*Indian Journal of Positive Psychology*.7(4) 466-468.(2017)

Workshops/Training Programs (2002-2017)

- Three Day State Committee Training Program Special Olympics Asia – Pacific. New Delhi 12-14 March 2002
- Special Olympics General Orientation and Local Development Workshop November 2004.
- Two Days Sensitization workshop of Schools of Social Work on Drug Abuse Prevention. National Institute of Social Defence ,Ministry of Social Justice and Empowerment ,Government of India .New Delhi.15-06-2006-16-06-2006
- One Day Workshop on Behaviour Modification Navjivini School of Special Education ,Sular ,Patiala. September 16,2006

- One Day Workshop on Management of Children with Developmental Disabilities Navjivini School of Special Education ,Sular ,Patiala. November 18,2006
- Training Workshop on Marriage and Family Counseling .Tata Institute of Social Sciences ,School of Social Work, Deonar, Mumbai. March 12-17,2007
- Sensitivity/Awareness/Motivation Workshop(SAM) Kurukshetra University November 24-28,2008 (5 Days)
- TOT Workshop on HIV/AIDS Counseling(Global Fund Round- 7,Counselling Sub component) Jamia Milia Islamia, Delhi21-04-2009 to 02-05-2009 (12 Days)
- Refresher Training The Global Fund to Fight AIDS ,Tuberculosis and Malaria Round –7 Counseling Component . February 15-19.2010 (5 Days) Jamia Millia Islamia, Delhi
- Four Days Counseling Supervision Training fro Counseling Supervisors : Saksham Global Fund Round -7 at Department of Social Work ,Punjab University ,Patiala February 28 to March 3 ,2011
- National Coaching Camp18 -09-11 to 24-09 -11 Special Olympics Bharat, Punjab Chapter ,Patiala
- Four Days Refresher Training of Masters Trainers on Mental Health and Counseling (GFATM Round 7) Department of Social Work Punjabi University, Patiala. October 9-12 ,2012
- Three Day Refresher Training for Counseling Supervisors(GFATM, Round 7) Department of Social Work Punjabi University, Patiala. October 17-19 ,2013.
- Seven Days UGC Sponsored Short Term Course in Software Technology .University Grants Commission, Human Resource Development Centre, Guru Nanak Dev University, Amritsar .May 12-18,2015 .

Paper Presentations at International and National Conferences / Seminars

(2006-2017)

- Women Empowerment :An Image Elevating Formula,(The Rhetoric and the Reality) National Seminar on Women Development :The Rhetoric and the Reality . Department of Social Work ,Punjabi University, Patiala .March 6-7,2006
- Whole Child Approach :Coping with Child Abuse, International Seminar on Coping with Violence in Today's World. . Department of Social Work ,Punjabi University, Patiala February 23-21,2007
- Corporate Social Responsibility :A Mantra for Upliftment of Rural Women .National Seminar ,Ch. Ishwar Singh Kanaya Mahavidyalaya.Fatehpur Pundri. November 20,2007

- Female Foeticide :Role of NGO'S..National Seminar on Female Foeticide : Role of Society & Technology. Department of Social Work ,Punjabi University, Patiala February 20-21,2009
- Relevance of Gandhi ji 's Non Violence & Role of Media . International Symposium on Secularism & Non Violence : A Mandate for World Peace . Department of Social Work, Punjabi University, Patiala. December 17-18,2009 .
- Empowering the Differently Abled Women: Exploring the Social Work Intervention Strategies National Seminar on Women Education :A Stepping Stone for Empowerment.. Hindu Girls College, Jagadhri ,Haryana. February 26 - 27.2010
- Reproductive Rights of Women with Disability : Exploring Social Work Intervention Strategies . International Seminar Women and Development: Issues and Initiatives.. Women's Studies Centre, Punjabi University, Patiala. March 26-27, 2010
- Violation of Rights of Women in India :Some Illustrations .National Seminar on Human Rights –Myth or Reality. Hindu Girls College Jagadhri. September 24-25.2010
- Inclusion of Persons with Disabilities :Issues & Initiatives. National Seminar on Integrating Persons with Disability :Education ,Training and Rehabilitation .Department of Social Work Punjabi University, Patiala. March 18-19,2011
- Girl Child in India :Issues and Initiatives. International Conference on Women and Child Issues : National and International Perspectives, Department of Social Work, Punjabi University, Patiala. December 11-12,2011 .
- Social Exclusion of Women in India : Some Illustrations. International Conference on Mainstreaming Gender: Issues and Challenges Women's Studies Centre, Punjabi University, Patiala. November 25-26, 2011 .
- Rights of Women with Disabilities :Issues & Initiatives, National Seminar on Human Rights in the Present Socio Economic Political Scenario.. PCM,SD, College for Women, Jalandhar. January 25,2012
- Social Exclusion :A Deterrent to Empowerment of Women. National Seminar on Women Empowerment in Changing Socio Economic & Political Environment . Ch. Ishwar Singh Kanaya Maha Vidyalaya, Fatehpur Pundari, Haryana . March 10,2012.
- Impact of Low Intensity Conflict on Women in India : Some Illustrations . International Conference on Women Peace & Security. Women's' Studies Centre, Punjabi University ,Patiala. October 26-27 2012
- Violation of Rights of Women : Some Illustrations . National Seminar on Human Rights. Guru Nanak Girls College , Yamuna Nagar, Haryana . March 1, 2013

- Issues Related to Female Foeticide & Social Work Intervention Strategies . National Seminar on Female Foeticide in India: Socio Cultural Repercussions. Hindu Girls College Jagadhri ,Haryana. March 29-30,2013
- Social Security :Road to Empowerment of Women. International Conference . Women and Development Women's Studies Centre ,Punjabi University ,Patiala November 22-23,2013
- Livelihood Concerns and Initiatives for Persons with Disabilities in Rural India . National Seminar Livelihood Security and Social Policy in India : Electoral Populism Vs Welfare State . Maharaja Agrasen Mahavidyalaya Jagadhri ,Haryana March 05-06,2014.
- Persons with Disabilities and Higher Education . National Conference . Higher Education & Civil Society in 21st Century. Department .of Education and Community Service, Punjabi University, Patiala Oct 14-15,2014
- Rights of Women with Disabilities : Some Illustrations . National Conference Promoting Excellence in Women Development :The Way Forward for the Progress . Women Studies Centre Punjabi University, Patiala Oct 30-31,2014
- Violation of Child Rights : Some illustrations . National Seminar on Dynamics of Politics in North West India. Department of Distance Education, Punjabi University, Patiala March 30-31,2015 .
- Empowerment of Aged Women and Social Work Intervention Strategies. International Conference on Empowering Women, Empowering Humanity. Women's' Studies Centre, Punjabi University ,Patiala .December 11-12, 2015.
- A Comparative Study of Adjustment among Adolescents living with Families and orphanages. International Conference . Psychology and Allied Sciences. Indian Association of Health, Research and Welfare, Goa .January 16-18, 2016 .
- Participation of Intellectually Disabled Children in Special Olympics :A Study of Mothers Global Conference on Scientific Culture in Physical Education .Punjabi University Patiala t4-6 ,2016
- Addressing the Needs of Persons with Disability a Socially Disadvantaged Group and Government Initiatives ..International Conference on Reforms in the 21st Century : Development & Prospects. .Department of Public Administration . Punjabi University Patiala. October 10,,2016 .
- Gender Differences of School Adjustment among Adolescent in Patiala,City.8th International Conference .He for She :A Solidarity Movement for Gender Equality ., Punjabi University, Patiala .November 16-17 ,2016 .
- Behaviour Change Communication: Pro Environment Behaviour. National Conference on Man and Environment. Centre for Swatch Bharat Swasth Bharat ,Punjabi University Patiala. March 10-11 ,2017

- Problem of Female TB Patients : A Review of Literature. National Seminar on Women Empowerment : A Strategy Towards Socio Economic Development. Akal Degree College for Women , Sangrur ,March 15 ,2017.
- Demonetisation in India :Challenges faced by Persons with Disability National Seminar on Demonetisation in India : The Road Ahead. School of Social Sciences , Punjabi University, Patiala March 21-22,2017 . .

Resource Person /Convener/ Sessions Chaired

- Delivered Lecture on Role of Clubs in Community Work. Inner Wheel Club ,Patiala .January 5,2006.
- Interactive Session on Social Empowerment and Social Marketing in Workshop on Gender Bias and Awareness, Department of Social Security ,Women and Child Development ,Punjab Patiala .September 14,2006
- Resource Person for two sessions in Continuing Rehabilitation Program held in collaboration with RCI ,Government .of India ,New Delhi ,at Navjivini Institute of Special Education & Research January 4-8 ,2011
- Convener for National Seminar on Integrating Persons with Disability : Education, Training & Rehabilitation. Department of Social Work Punjabi University Patiala. March 18-19,2011
- Chaired Technical Session(111) Women Empowerment & Social Perspectives . National Seminar on Women Empowerment in Changing Socio Economic & Political Environment Ch. Ishwar Singh Kanaya Maha Vidyalaya, Fatehpur Pundari ,Haryana. . March,10, 2012
- Chaired Technical Session(11) Women and Human Rights in National Seminar on Human Rights, Guru Nanak Girls College ,Santpura, Yamuna Nagar ..March 1, 2013.
- Stages ,Micro Skills ,Process Counseling ,Resource person as Master Trainer with Global Fund Round -7 organized by Dept. of Social Work Punjabi University ,Patiala
- Stages ,Micro Skills ,Process Counseling Refresher Training of Staff Nurses in HIV/ AIDS Counseling : March 16-18 2010, September 6-8,2010 October 4-6 ,2010,
- Stages ,Micro Skills ,Process Counseling ,Induction Training of Staff Nurses in HIV/ AIDS : Counseling March 10-14 ,2010,May 16-20 2011,September 12-16-2011
- Stages ,Micro Skills ,Process Counseling ,Induction Training of ICTC Counsellors: February 15-26, 2010 .January 15-26,2011,May 5-16 2014,October 4-17 2014

- Counseling and Micro Skills Three Days Continuing Rehabilitation Program (Individualized Family Support Program, Navjivini Institute of Special Education and Research, Sular Patiala in Collaboration with Rehabilitation Council of India, New Delhi. Dec 20-23, 2014)

Memberships

- Life Member National Association of Professional Social Workers in India
- Trustee Navjivini School of Special Education, Sular, Patiala .
- Executive Secretary Sadhu Basant Residential Care (Mentally Retarded Aged) Sular, Patiala
- Member, District Special Olympic Association Patiala
- Referee for Reviewing Papers
International Journal of Educational Sciences
KRE (Kamla Raj Enterprises)

Community Service

Engaged in voluntary work on honorary positions in the Organization for children with Disability

- Navjivini School of Special Education, Sular, Patiala .
- Sadhu Basant Residential Care (Mentally Retarded Aged) Sular, Patiala
- School for Deaf and Blind, Saifdipur, Patiala
- District Special Olympic Association, Patiala

